



ESF Vallée de Méribel
BP 17 - 73550 Méribel

Tél : +33 (0)4 79 08 60 31
contact@esf-meribel.com

www.esf-meribel.com

WINTER 2016-2017 ESF Meribel Price List

GENERAL INFORMATION

1/ Meeting points:

Méribel:

- Chaudanne: all season, all lessons
- Rond-Point des Pistes: Children's group lessons from Sunday 18th December 2016 to Friday 6th January 2017. From Sunday 5th February to Friday 3rd March 2017. From Sunday 2nd to Friday 14th April 2017. The Club PiouPiou in the Rond Point des Pistes is open from Sunday 18th Dec to 14th April 2017.
- Altiport: children only for "all day group lessons" from Sunday 5th to Friday 17th February 2017.
- Blanchot: cross-country skiing and snowshoes outings
- From Sunday 16th to Friday 21th April all group lessons will meet in Mottaret, unless snow conditions allows to meet in Chaudanne.

Mottaret:

- All the season, all lessons (except 4x4 the 3 Valleys, Ski checkup, 3 valley day discovery, off-piste group lessons, stage elite, departure from Chaudanne).

2/ Ski passes:

Before booking lessons and ski pass packages, please note that a Family ski pass exists. For more information please contact the ski pass office. (If you are staying in Méribel: +33.4.79.08.65.32 or in Mottaret: +33.4.79.08.20.00)

- Free ski passes are issued by the ski lift companies for children under 5 years old. A proof of age is required. Ski passes are mandatory even for children under 5 yrs old.
- For children attending the 3rd, bronze and gold star and competition levels, buy a separate ski pass.
- Do **NOT** choose a ski package including ski passes (Ski lessons + Ski pass) if you have already purchased a "family ski pass" or a "Pass Tribu".

- Recommended ski passes:

Méribel Valley ski pass: Children with a level up to gold star, adults from beginner to class 1 (basic level, blue runs), beginners and level 1X snowboarders, Slalom and Elite camps

3 Valley ski pass: Base camp, competition camp/club ESF, freestyle camp (kid and junior), snowboard level 2, 3, expert and snowpark camp, adults from intermediate (red runs) to experts (class 2 to class 4), off-piste lessons, team master camp, team ados camps



Packages including ski passes and ski lessons are not refundable. We don't take any bookings over the phone.

3/ General recommendations to pass on to your clients:

- They must be on time for their lessons. (Any delay won't be deducted from the price of the ski lesson).
 - Lessons (group or private) **not cancelled 48h in advance** won't be reimbursed.
 - 5, 6 or half day group lessons are not refunded after the first lesson/day.
 - 5 or 6 day packages cover consecutive days (also applicable for ski coaching).
 - ESF can NOT be held responsible for weather conditions, power cuts, lift breakdowns or others incidents.
 - The ESF reserves the right to cancel or reorganize the group lessons if less than 5 people are registered.
- A protective helmet is strongly advised for children. Ski lessons purchased do NOT include insurance for ESF clients. We recommend you to purchase "Carré Neige" insurance with your lift pass.

CHILDREN GROUP LESSONS

Opening dates:

Club pioupiou Mottaret from 10/12/16 to 23/04/2017

Club pioupiou Rond-Point from 10/12/16 au 16/04/2017

Club pioupiou Chaudanne from 10/12/16 to 16/04/17

Nursery "Les Saturnins" opens from 17/12/16 au 16/04/17

Nursery (18 months – 3 yrs old) and Kindergarten (3 to 5yrs old) *"Ski and play in a safe environment"*

| Prices in euros | | from 5/02 to 3/03/2017 |
|----------------------------------|-----|------------------------|
| 1 day (9h00 to 12h & 14h to 17h) | 51 | 55 |
| 5 days | 223 | 242 |
| 6 days | 262 | 284 |
| 1 morning (9h00 to 12h00) | 32 | 34 |
| 5 mornings | 138 | 150 |
| 6 mornings | 163 | 177 |
| 1 afternoon (14h00 to 17h00) | 32 | 34 |
| 5 afternoons | 136 | 150 |
| 6 afternoons | 161 | 177 |

Supervised Lunches (from 12h00 to 14h00), includes meal and supervision

| Prices in euros | Under 3 years old | Over 3 years Old |
|----------------------|-------------------|------------------|
| 1 Supervised lunch | 25 | 29 |
| 5 Supervised lunches | 118 | 128 |
| 6 Supervised lunches | 140 | 153 |

CHILDREN from 5 to 13 years old

Children group lessons– Ski-pass required: Meribel Valley

| Prices in euros | | from 5/02 to 3/03/2017 |
|---|----------------------------------|----------------------------------|
| | 9h15 to 11h45 and 14h15 to 16h45 | 9h15 to 12h00 and 14h15 to 17h00 |
| 5 days (Beginner to 3 rd star) | 254 | 275 |
| 6 days (Beginner to 3 rd star) | 274 | 297 |
| 5 mornings (Beginner to gold star) | 173 | 187 |
| 6 mornings (Beginner to gold star) | 193 | 209 |
| 5 afternoons | 173 | 187 |
| 6 afternoons | 193 | 209 |

Rond-Point des Pistes 18/12 to 6/01 and 5/02 to 3/03 and 2/04 to 14/04

Altiport from 5 to 17/02/17 (only for full day lessons)

Time: 9h15 to 11h45

Lunchtime children group lessons (5 to 13 yrs old) – from 12h15-14h – Ski-pass required: Meribel

Only available from the 05/02 to the 17/02/17

5 lessons (Beginner to gold star) 116 euros

6 lessons (Beginner to gold star) 136 euros

Meeting point Chaudanne and Mottaret

4 hours spring group lessons *"make the most of spring snow"*

For children attending 1st, 2nd and 3rd star, from 02/04 to 21/04/2017

5 x 4 hours from 9h30 to 13h30 370 euros

6 x 4 hours from 9h30 to 13h30 402 euros

Meeting point Chaudanne and Mottaret



TOP 6 – Max 6 children - from the 5/02 to the 3/03/2017 (limited number of places) – **will be sold from September 2016. Please contact us before selling to your clients.**

| | |
|---|-----------|
| 6 mornings max 6 pax - 9h15 to 12h00 | 350 euros |
| 6 afternoons max 6 pax -14h15 to 17h00..... | 350 euros |
| 5 mornings- 9h15 to 12h00 | 312 euros |
| 5 afternoons - 14h15 to 17h00..... | 312 euros |

SNOWBOARD (from 8 years old)

| Prices in euros | from 5/02 to 3/03/2017 | |
|-----------------|----------------------------------|----------------------------------|
| | 9h15 to 11h45 and 14h15 to 16h45 | 9h15 to 12h00 and 14h15 to 17h00 |
| 5 mornings | 173 | 187 |
| 6 mornings | 193 | 209 |
| 5 afternoons | 173 | 187 |
| 6 afternoons | 193 | 209 |

There will be morning sessions only (no afternoons) outside school holidays. (Morning and afternoon sessions available only between the following dates 18/12 to 06/01 + 05/02 to 03/03 + 02/04 to 21/04)

SNOWPARK CAMP - level required Snowboard 2 (XX) or 3 (XXX). Ski-pass required: 3 Valleys

Meeting Chaudanne - Monday to Friday 06/02 to 03/03/2017

Snowpark 5 days..... 336 euros

SKI CAMPS

18/12 to 06/01 + 05/02 to 03/03 + 02/04 to 21/04

| Prices in euros | Base Camp | Competition Camp ≥ 8 to 18yrs old | | Freestyle Camp Kid (11-13 yrs old) and Junior (14-18yrs old) | |
|-----------------|---------------------------------|--------------------------------------|-----|--|------------------------|
| | Meeting point | Meeting point | | Meeting point | |
| | Chaudanne, Mottaret, Rond-Point | Chaudanne, Mottaret | | Chaudanne, Mottaret | |
| Level required | 3 rd Star | Gold star | | Gold star | |
| Ski pass | 3 valleys | | | | |
| | | from 5/02 to 3/03/2017 | | from 5/02 to 3/03/2017 | from 5/02 to 3/03/2017 |
| 5 days | 305 | 330 | 305 | 330 | 330 |
| 6 days | 345 | 374 | 345 | 374 | 374 |

Stage Slalom –Stage Elite

| Prices in euros | Slalom Camp | | Elite Camp | |
|-------------------|---------------------|------------------------|-------------|------------------------|
| Meeting point | Mottaret, Chaudanne | | Chaudanne | |
| Level required | Bronze fleche | | Gold Fleche | |
| Ski Pass required | Meribel Valley | | | |
| | | from 5/02 to 3/03/2017 | | from 5/02 to 3/03/2017 |
| 5 days | 325 | 352 | 325 | 352 |
| 6 days | 386 | 400 | 386 | 400 |

TEAM ADO - level required gold star - from 10 to 17 years old – meeting point Chaudanne, Mottaret

| Prices in euros | from 5/02 to 3/03/2017 | |
|-------------------|------------------------|-----|
| Ski Pass required | 3 Valleys | |
| 5 mornings | 183 | 198 |
| 6 mornings | 203 | 220 |
| 5 afternoons | 183 | 198 |
| 6 afternoons | 203 | 220 |



TEAM MASTER CAMP – level required gold star – from 13 to 17 years old (available only in week 51,1 ,6 and 9)

| | | |
|------------------------|-----|------------------------|
| Prices in euros | | from 5/02 to 3/03/2017 |
| Ski pass required | | 3 Valleys |
| 5 days | 305 | 330 |
| 6 days | 345 | 374 |

ADULTS

GROUP LESSONS

Alpine Skiing (from beginners to advanced) and Cross country skiing

There will be morning sessions only (no afternoons available) outside school holidays. (morning and afternoon sessions will be available on the following dates 18/12 to 06/01 + 05/02 to 03/03 + 02/04 to 21/04)

| | | |
|----------------------------------|-----|------------------------|
| Prices in euros | | from 5/02 to 3/03/2017 |
| 5 mornings | 203 | 220 |
| 6 mornings | 223 | 242 |
| 5 afternoons | 203 | 220 |
| 6 afternoons | 223 | 242 |
| 5 days Cross country skiing only | 264 | 286 |
| 6 days Cross country skiing only | 315 | 341 |

OFF-PISTE GROUP LESSONS *“Push the limits and go beyond your comfort zone with a maximum safety”*

All season, for experts skiers only - Maxi 6 Pax – Meeting Chaudanne 9h15 to 13h15 – Ski-pass required: 3 valleys 5 x 4 hours. Monday to Friday 290 euros

SNOWSHOEING *“Experience the freedom and discover new faces of the mountains”*

| | |
|------------------------------|----------------|
| 1 morning or afternoon | 37euros / 40 |
| 5 mornings | 127 euros/ 138 |
| 6 mornings | 147 euros/ 160 |
| 5 afternoons | 127 euros/ 138 |
| 6 afternoons | 147 euros/ 160 |
| 1 day | 61 euros/ 66 |
| 5 days..... | 264 euros/ 286 |
| 6 days..... | 315 euros/ 341 |

PRIVATE LESSONS

| Private lessons for up to 6 people | From 10/12 to 16/12/2016 | From 17/12/16 to 7/01/2017 | From 8/01 to 4/02/2017 | From 5/02 to 03/03/2017 | From 04/03 to 08/04/2017 | From 09/04 to 23/04/2017 |
|------------------------------------|--------------------------|----------------------------|------------------------|-------------------------------|--------------------------|--------------------------|
| 1 day | 345 euros | 406 euros | 406 euros | 415 euros from 9h15 to 17h00 | 406 euros | 345 euros |
| 1 morning | 172 euros | 210 euros | 210 euros | 230 euros from 9h15 to 12h00 | 210 euros | 172 euros |
| 1 afternoon | 167 euros | 203 euros | 185 euros | 220 euros from 14h15 to 17h00 | 185 euros | 167 euros |
| 5 afternoons | | | 815 euros | | 815 euros | |

Ski Coaching *“The good deal for private tuition, to work on a specific point, or for nervous skiers”*

all season – from 12h30 to 14h00 (for up to 4 people)

| | |
|------------------------------|-----------|
| 1 session Ski Coaching | 100 euros |
| 5 sessions..... | 390 euros |
| 6 sessions | 468 euros |



Biathlon *“Get new sensations and test your dexterity with a rifle”*

from 12H30 to 14h00 (for up to 4 people)..... 112 euros

Afternoon XXL *“Ideal to ski with friends or family, and plenty of time to ride the 3 valleys”*

from 12H30 to 16H30 (for up to 8 people) 305 euros
not available between 5/02 to 03/03/2017

SIT-SKIING / HANDISKI

2h00 223 euros/ 230 euros
1 day 426 euros / 430 euros
1H30 only possible for 1 trial outside school holidays 183 euros

WHAT ELSE? OUTSIDE SCHOOL HOLIDAYS (from the 8th Jan to 4rd Feb, from 4th March to 1st April)

Snowshoeing experiences (all season)

Walk under the moon – meeting 18h30 (Snowshoeing + Meal in a refuge) TBC euros
Outing in the wild - 9h30-16h00 72 euros
Raquett'Night Adulte 17 euros
Raquett'Night Enfant 12 euros
IGLOO Party Thursdays, meeting at 18h30 52 euros

Me Time for her *“Pamper yourself, ski sessions +meal + massage or spa session, in small group”*

Prices to be confirmed in October

3 packages including Group lessons of max 6 pax + Meal + spa or Massage.

Rando Taster By Night *“Discover the mountains at nightfall and ascension with climbing skis and skins”*

1 session of 2 hours 41 euros
meeting Chaudanne around 16h45 – for advanced and expert skiers

4x4 the 3 Valleys *“Make the best of the 3 Valleys: ski guiding adapted to your level with technical tips”*

Meeting Chaudanne - from 09/01 to 03/02 and from 06/03 to 31/03/17 - Monday, Tuesday, Thursday, Friday – Ski-pass 3 Valleys – from 16 years old - from basic to advanced skiers
4 sessions from 10am to 2pm 223 euros

CHECK-UP *“Get your ski legs back, and some technical tips to enjoy the rest of your week”*

Adult group lessons. Beginners to advanced- Maxi 6 pax 152 euros
2 sessions of 2h30 - from 14h15 à 16h45 - Meeting Chaudanne
Monday & Tuesday or Wednesday & Thursday from 09/01 to 02/02 and from 06/03 to 30/03/17

3 Valley day discovery: *“The 3 Valleys in one day”*

On Wednesdays outside school holidays – meeting Chaudanne

1 day 86 euros

« Family Pass » All season

For 2 parents + 2 children, with the Family Pass, the 4 family members pay the child rate for 6 half days lessons.

(772 euros instead of 832 euros, and from 5/02 to 3/03/2017 836 euros instead of 902 euros).

